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SHEAR: Whole-House Energy Interventions in Rural Rwanda

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SHEAR

Sustainable Household Energy
Adoption in Rwanda



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RWANDA



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Study Centered Around Taking a Whole-house Approach

Sources: Individuals are exposed to many sources of air pollution in their homes – meaningful reductions in exposure will require looking beyond any single technology category.

Participants: Response to air pollution depends on more than just exposure - better picture of exposure response requires looking at multiple members of the family.

Decisions: Many factors will impact a households decision making of the energy sources they use – effective and lasting changes to energy usage requires an appreciation of **why** decisions are made.



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Tell me what you mean by “clean?”



Knowledge Gaps in HAP's Impact: Despite global recognition, significant knowledge gaps exist regarding the health and climate effects of Household Air Pollution (HAP) exposure-related to HAP exposure. The complexity of exposure and adverse health outcomes with HAP exposure is complex and something we don't know very well

Insufficient Evidence for Health Benefits: Health and welfare improvements are claimed as direct benefits of eliminating solid fuel and kerosene combustion. However, insufficient evidence has been gathered to substantiate these claims.

Critical Need for Research: A critical research question: "How clean is clean enough?" Determining the level of HAP exposure reduction needed for meaningful health benefits among at-risk populations is a key challenge.

Central Hypothesis: Meaningful changes will require addressing the whole house. To achieve meaningful health-relevant HAP reductions, the goal is to achieve HAP levels below the WHO guideline of $25 \mu\text{g}/\text{m}^3$ in rural homes, which is a significant challenge.



Study

- **Approach:** Conduct a randomized controlled trial in rural Rwanda, replacing traditional household energy sources (kerosene and biomass) with solar power and LPG stoves.
- **Participants:** 650 households using traditional energy. Each household has one adult female, one adult male, and one child (aged 8-15 years).
- **Study:** Participants will be followed for 3 years with periodic collection of survey data, exposure measurements, and health measures
 - Blood pressure
 - Lung function
 - Body Mass

• Dried blood spots (banked for future analysis)



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Kerosene lighting **Biomass** cooking



Control Arm

n = 250 households

What are the health benefits from a fully subsidized intervention to replace traditional household energy with cleaner, more modern forms of energy?

Clinical Trial Intent to Treat Analysis (n = 500)

Liquified Petroleum Gas for cooking

MeshPower LLC – home delivery, mobile pay, stove use monitoring



Treatment Arm

Full subsidy for home energy: LPG + Solar, n = 250 household

Solar microgrid for light and power

MeshPower LLC – installation, maintenance, and use monitoring



Random Subsidy

Monthly energy subsidy varies by household, n = 150 household

Cost-Demand Analysis (n = 400)

What subsidy will achieve a desired household energy use-rate? What drives usage?

Exposure-Response Analysis (n = 650)

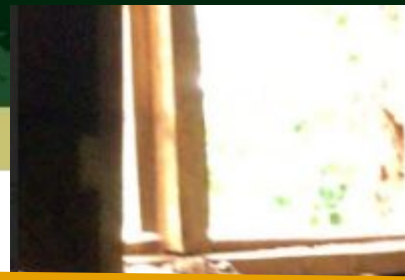
What is the relationship between HAP exposure and relevant markers of health? How clean is clean enough?



Stove usage using
Geocene



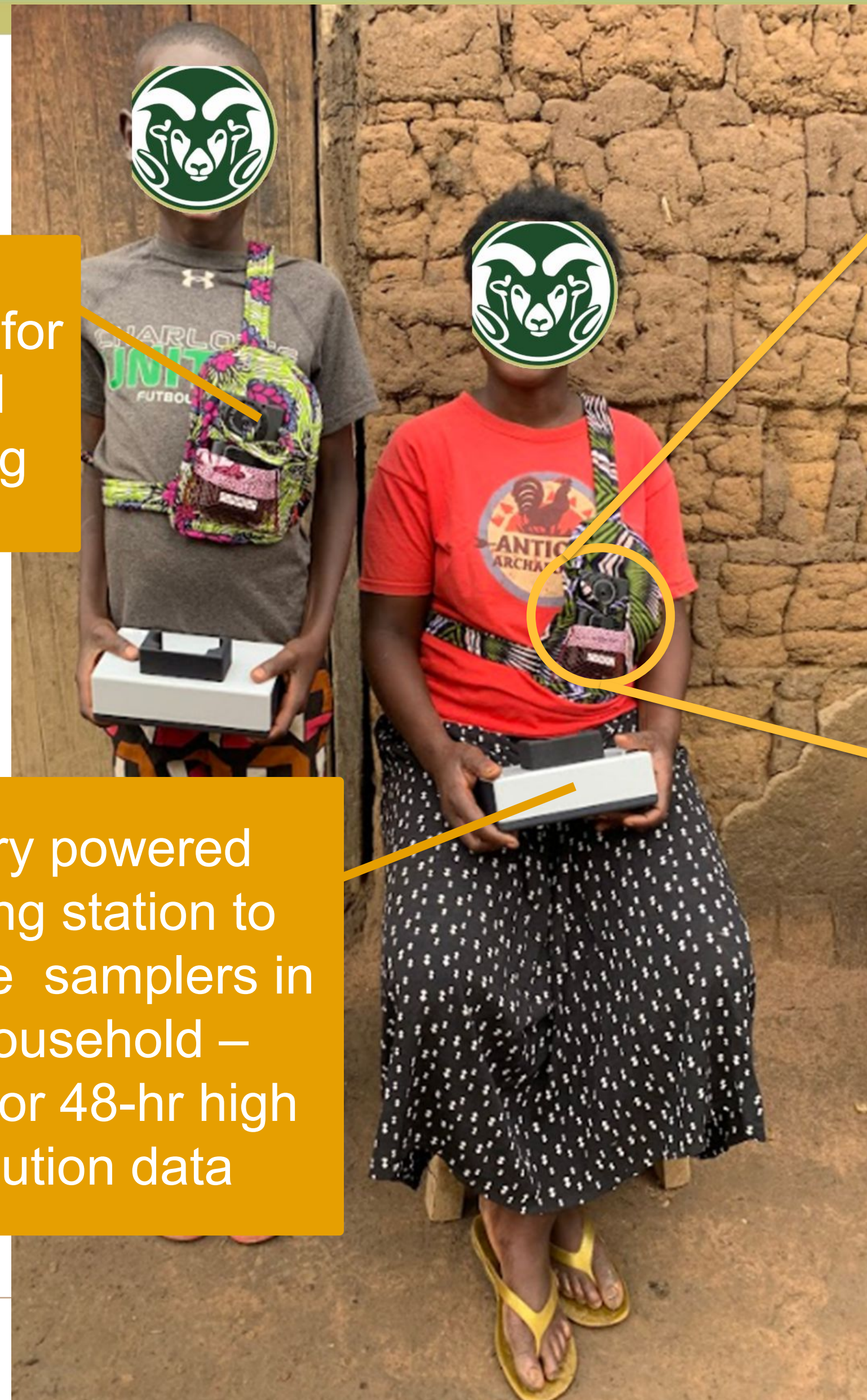
Smart meter
with credits
topped up
using cell
phone



Two burner
LPG stove



UPAS v2+ for
personal
monitoring



Battery powered
charging station to
recharge samplers in
the household –
allows for 48-hr high
resolution data



Solar based
microgrid for
lighting and
charging of
devices

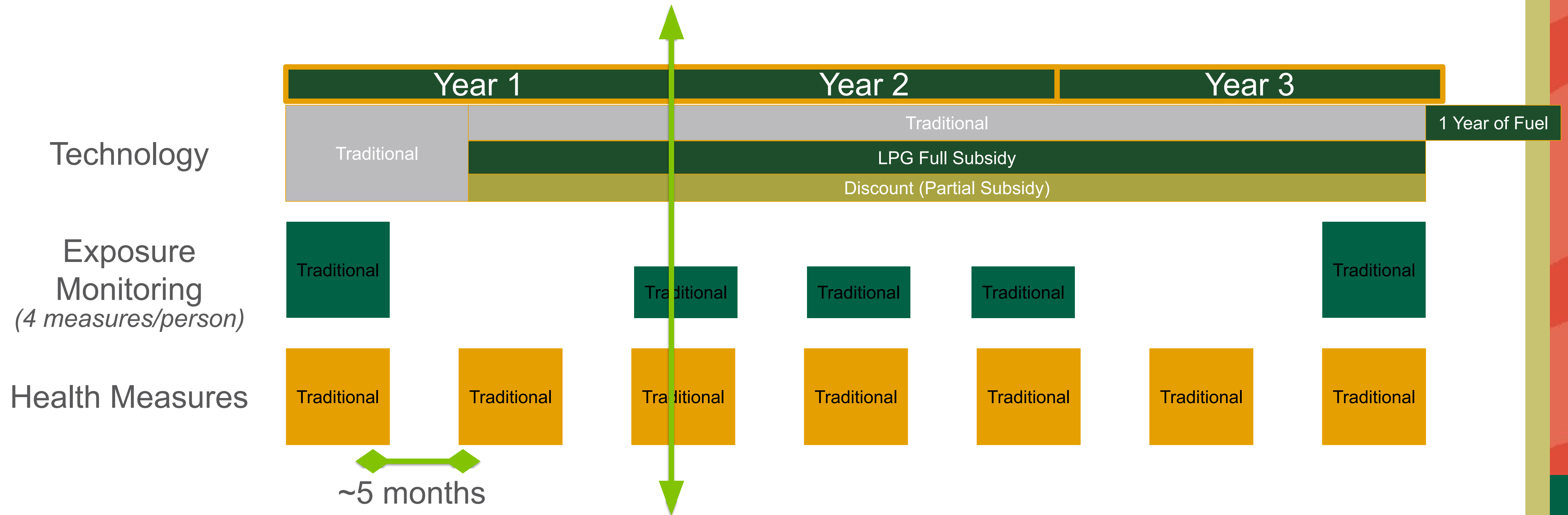


128 mm

70 mm

Filter based PM2.5
Mass
Black Carbon
Elemental Composition
Optical Real-Time PM
GPS based location
Accelerometer (movement)
Temperature/RH/Pressure

Study Timeline



Measurement Targets

- ~3 years of monitoring
- ~1,660 participants (650 men, women, and children & 15% assumed attrition)
- ~6,630 personal exposure measurement (15% assumed attrition)
- ~320,000 hours of exposure monitoring
- ~600,000 household-days of energy usage monitoring





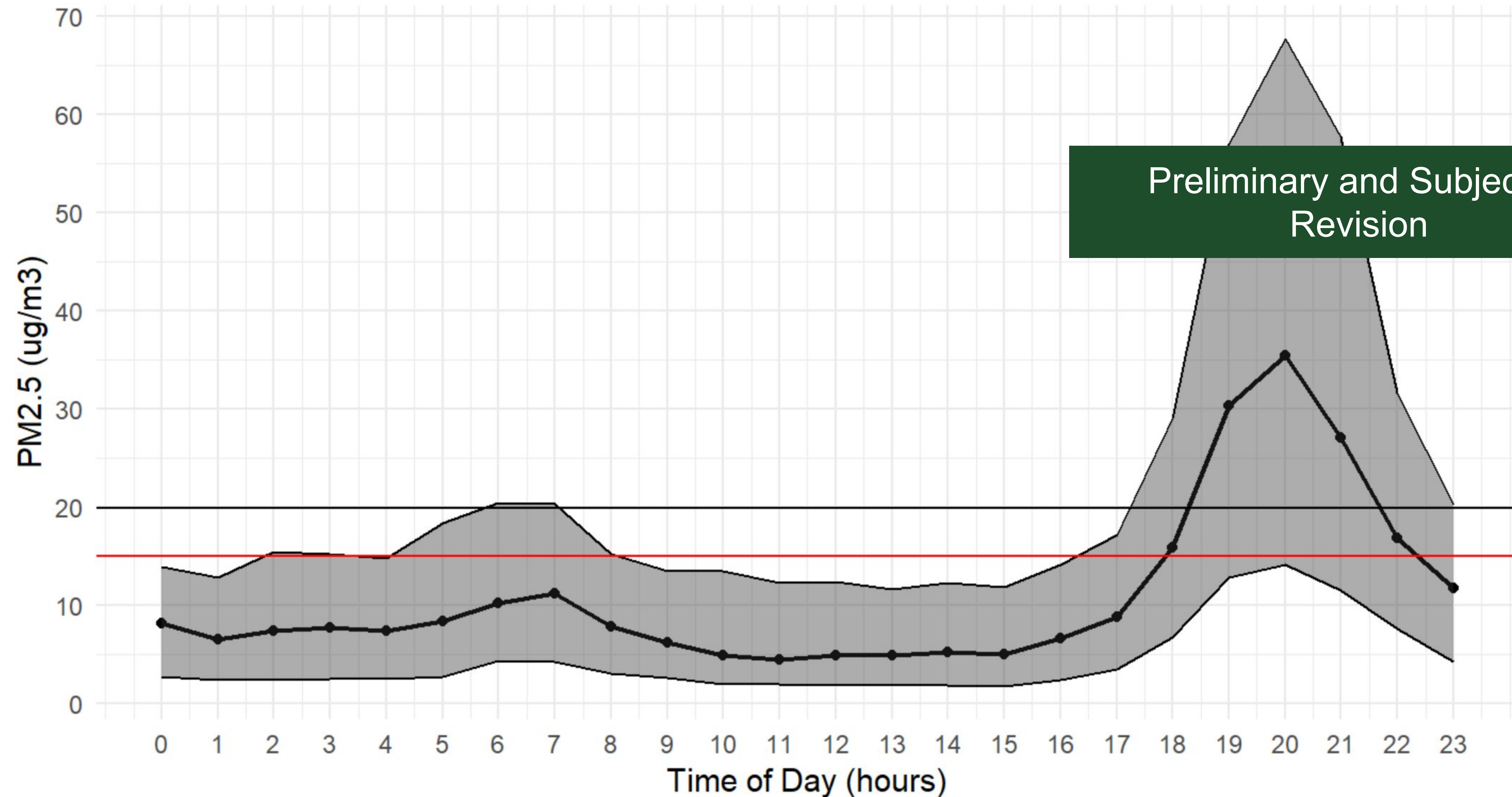
Early Outcomes and Lessons Learned



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Hourly Median Ambient PM2.5 Concentrations

The red line is the WHO 24 hour average PM2.5 Threshold 15 ($\mu\text{g}/\text{m}^3$)



Working in a rural area is giving us a chance of being able to actually achieve reasonably low exposure

Study Site: Isangano and Karambi Cells in Ndego Sector, Kayonza District, Eastern Province

Dense villages
with 2500
households -
perfect for gas
exchange logistics

2 large mini grids
covering 16
villages across 2
cells



Isangano Cell
1200 HH

Karambi Cell
1275 HH

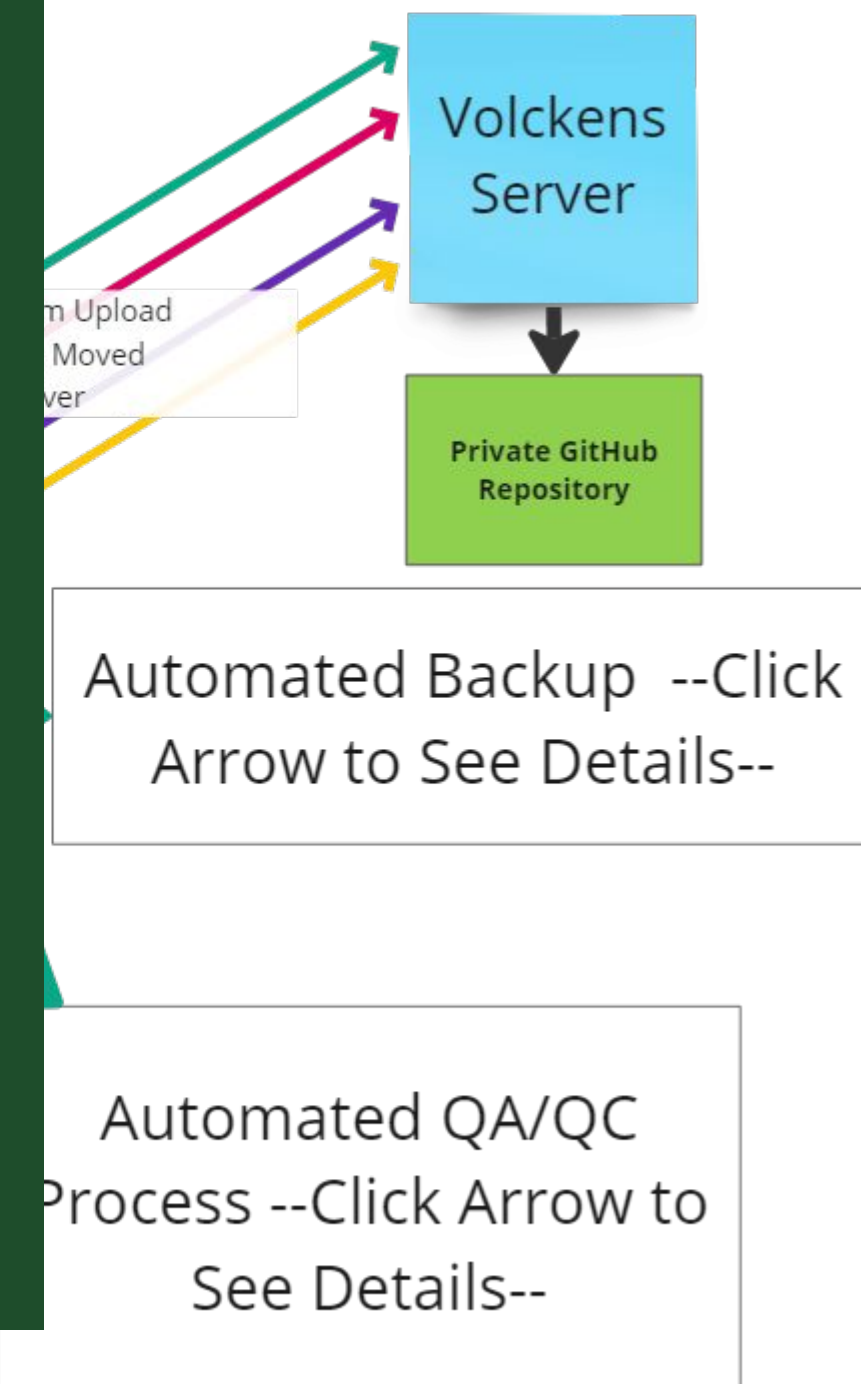
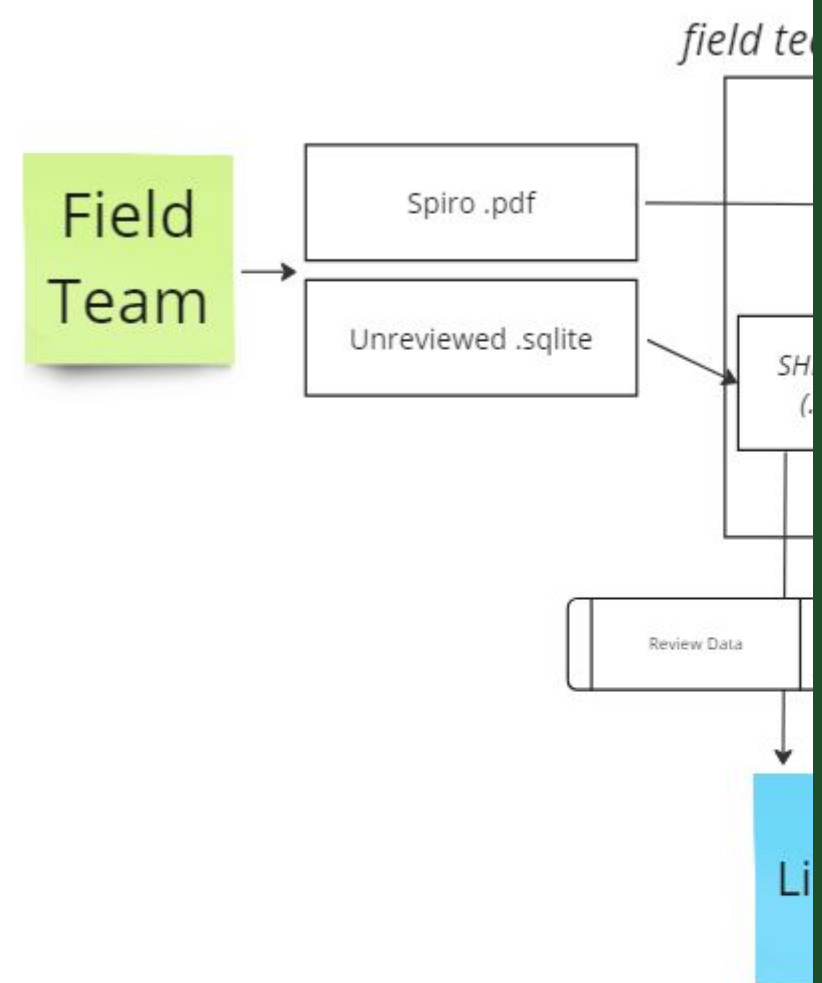


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Establishing Data Management Plans Before Starting Data Collection Was

COVID delays allowed for a reallocation of staffing time that was applied to getting our data analysis system in place

- We invested close to 250 hours of staffing time getting an automated data processing system in place
- Automated data checks occur as data is uploaded which allows us to identify missing data within 24 hours of a sample being completed and most data quality checks completed with three days
- This capability has been critical in our ability to scale up the study and provide feedback and guidance to the field team to ensure quality data collection





Discount Arm

Table 1. Values of LPG costs (in RWF/kg) to which participants will be randomized, based on the assumption that the full price of pay-as-you-go LPG is 1600 RWF/kg.

RWF/kg	Discount
1440	90%
1280	80%
1120	70%
960	60%
800	50%
640	40%
480	30%
320	20%

